

## Clarity on Yoga Alliance

Yoga Alliance does not certify, accredit, or validate yoga schools. They are a registry and recognize individual teachers or schools as "registered". See below screen shot from their website or go directly to their website to read

this: <https://www.yogaalliance.org/Credentialing/CredentialsforSchools>

World Peace Yoga's Teacher Training programs meet and exceed the Yoga Alliance standards for registration. Upon completion of our programs students either receive a 300-hour CYT (Certified Yoga Teacher) for Part I or 300-hour ACYT (Advanced Certified Yoga Teacher) for Part II. Those that complete both programs receive a 600-hour CYT. Yoga Alliance is not the governing authority on yoga. The World Peace Yoga Teacher Training far surpasses the Yoga Alliance standards and provides a reputable certificate upon completion of the program.

One of the best things you are able to do as a teacher is to put a solid resume together that outlines your training and experience and includes references. And every time you attend a workshop or training, add that to your resume. It is necessary that you as a yoga teacher educate the business or organizations you interview for or teach at about your credentials, including depth of training and experience. It may also be necessary to explain that Yoga Alliance is a registry, not an accreditation.

For over 10 years World Peace Yoga registered with YA, believing they were an accrediting organization monitoring and upholding their own standards. They have no system in place to validate a school or teacher's credentials other than what is submitted online. Other than the initial application World Peace Yoga sent in which outlined our programs, there was not ever any follow-up (other than to get our yearly payment). I've seen more and more trainings pop up that are 200-RYS (registered yoga schools) where you get trained in 2 weeks or less. It's not possible to thoroughly train someone in this amount of time or even in 200 hours. And, to have our program be classified in the same category as these other schools, to some degree undermines the program we offer at World Peace Yoga.

Yoga Alliance is doing more to de-value yoga training programs as:

1. We believe the standards they have set are not enough to produce qualified teachers and
2. Yoga Alliance is not doing anything to ensure those standards they created are being followed by those that have registered.

There are countless articles and blogs online about YA and why certain studios or teachers choose not to register. Bear in mind that some of these articles use some confusing terminology that is not accurate, such as using the word "certified" instead of the accurate terminology "registered":

Why I am Revoking My Yoga Alliance Registration: <http://taptamarg.com/why-i-am-revoking-my-yoga-alliance-registration/>

James Brown on Colossal Failure of Modern

Yoga: <https://americanyoga.school/the-colossal-failure-of-modern-yoga/>

Why Yoga Alliance is Ruining Yoga: <https://americanyoga.school/yoga-alliance-ruining-yoga/>

Yoga Teacher Central:


<https://mailchi.mp/e9372f983ada/yogateachercentralnewsletter-589117?e=9e7c876cd0>


Diane Bruni on YA: <http://dianebruni.com/reconsidering-the-yoga-alliance/>

YA, is it worth it: <https://fourelementsyoga.wordpress.com/2010/09/26/yoga-alliance-registration-is-it-worth-it/>

Yoga Detour on YA: <http://yogadetour.com/blog/2016/3/24/why-you-dont-need-a-certificate-from-yoga-alliance>

Yoga Anatomy on YA: <http://yogaanatomy.org/yoga-alliance-approved-my-ass/>

<https://www.yogaalliance.org/Credentialing/CredentialsforSchools> 



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## For Schools

The spirit of the **Yoga Alliance Standards** is to include a school in the RYS® (Registered Yoga School) Registry only when its YTT (Yoga Teacher Training program):

- Has a definite, pre-defined curriculum that meets the Yoga Alliance Standards.
- Is taught by yoga teacher trainers who are qualified to train teachers
- Offers a consistent approach that is conducive to depth, rather than a survey of different approaches.

All standards for a RYS are intended to be clear, implementable reflections of the above criteria.

A school whose curriculum satisfies or exceeds our minimum training Standards may apply to **register as a RYS**.

Once a school is registered, the students who complete their subsequent trainings are eligible to register with Yoga Alliance as Registered Yoga Teachers (RYT®s). **Yoga Alliance does not certify teachers or accredit schools**. Yoga Alliance's credentialing system is a **Registry**, not to be confused with other types of credentialing systems (such as certifications, accreditations, licensure, etc.).

Click one of the Registry Marks below to learn more about that designation.