


## Accessible Yoga Rates

Accessible Yoga: <https://www.accessibleyoga.org>

Alchemystic Studio: <https://alchemysticstudio.com>



### Community Care Rate

- \* I frequently stress about my basic needs like food, housing, and transportation and don't always meet them
- \* I have debt, and it sometimes prevents me from meeting my basic needs
- \* I rent lower-end apt or have unstable housing
- \* I am unemployed or underemployed
- \* I qualify for government assistance like food stamps and medicaid
- \* I have no access to savings
- \* I have no or very limited expendable income, and I cannot afford eating out, coffee to go, movies, books, and new technology
- \* I cannot afford a vacation or have the ability to take time off without significant financial burden
- \* I do not have family wealth
- \* I sometimes have to support family members or other dependents
- \* I do not benefit from institutional support and social privilege because of multiple aspects of my identity (multiple of the following identities describe me: Person of color, female, trans, queer, disabled, neurodivergent, immigrant, undocumented or refugee)

Select Tier

### Sustainer Rate

- \* I may stress about basic needs like food, housing, and transportation at times, but I am still able to meet them
- \* I am employed
- \* I have access to healthcare
- \* I have access to adequate housing
- \* I might have access to financial savings
- \* I have some expendable income for eating out, coffee to go, movies, books, and new technology
- \* I can take a vacation every year without significant financial burden
- \* I have some family support or have benefitted from family support throughout my life (my family/parents pay for part of rent/phone/healthcare etc)
- \* I fall somewhere in the middle of the social matrix – For example, I may be white and trans, or a middle-class able-bodied person of color

Select Tier

### Supporter Rate

- \* I can comfortably meet all my basic needs like food, housing, and transportation
- \* I own my home or rent a high-end apartment
- \* I am employed or don't need to work to meet my needs
- \* I have regular access to healthcare
- \* I have regular access to financial savings
- \* I have an expendable income for eating out, coffee to go, movies, books, and new technology
- \* I might have some debt, but it does not prevent meeting my needs
- \* I can take time off for vacation
- \* I can travel for fun
- \* I have family wealth and have benefitted from family support throughout my life (my family/parents pay or have paid for part of rent, phone, healthcare, etc)
- \* I benefit from institutional support and social privilege because of aspects of my identity (multiple of the following identities describe me: white, male, cis, straight, able-bodied, neuro-normative, US-born)

Select Tier

World Peace Yoga: [www.worldpeaceyoga.com](http://www.worldpeaceyoga.com)

IS TAKING A YOGA CLASS NOT IN YOUR BUDGET?

## Accessible to all...

For World Peace Yoga to both sustain and thrive, your financial participation is deeply appreciated so we are able to continue, for years to come to inspire people to connect with their most authentic self, provide wonderful teachers, ongoing weekly classes and free community classes, special events, and more. That being said, **we realize that not everyone has the budget for yoga classes. If you find our rates out of your budget, please email us for financial accommodation. It is part of our practice to make yoga accessible to all.**

